

maintrac – the blood test for monitoring your breast cancer therapy





#### Is your therapy effective? Is there a risk of developing recurrence?

These are the most important questions from you. With maintrac, our mission is to help you answer these questions.

All that is required from you is a 15 ml sample of EDTA blood.

## maintrac offers you the following advantages:

- early detection of renewed tumour activity
- monitoring of therapy
- adjustment of therapy
- long-term follow-up even after the completion of therapy



Image above: Vital tumour cells are stained fluorescent green in the blood test. Dying tumour cells are also stained fluorescent red.

### <u>maintrac</u>



### maintrac – the blood test for monitoring breast cancer maintenance therapy.

Every cancer is different and the efficacy of the medications used varies with each treatment. Therefore, it is important to monitor the success of the therapy used in the long term.

**Cancer releases tumour cells, circulating tumour cells, into the blood.** Tumour cells may still be present in blood years after surgery or therapy.

*maintrac* is a highly sensitive diagnostic method based on circulating tumour cells. It facilitates the monitoring of tumour activity.

*maintrac* provides information on the efficacy of the endocrine therapy used.

*maintrac* helps you to make a decision about whether long-term therapy is sensible.

Further information on maintrac can be found on www.maintrac.com

### maintrac monitors the success of your endocrine therapy.

With a blood test, maintrac can detect increasing tumour activity earlier than other methods by identifying an increase in the number of cells.

With maintrac, the treating physician has an additional tool for the regular monitoring of tumour activity (every 3– 6 months).

#### In the case of an increase in the number of cells, endocrine therapy can be modified (tamoxifen vs. aromatase inhibitor).



During the course of the disease the cell number can be tested repeatedly.

Increasing cell numbers

- Constant cell numbers
- Decreasing cell numbers
- = further diagnostics / optimisation of the therapy
- = positive course of disease
- = good prognosis / efficient therapy

Full details and further actions should be discussed with your treating physician.



### Is an extension of endocrine therapy useful?

It does not always make sense to use long-term therapy e.g. with tamoxifen for more than 5 years. Re extent to which a patient can benefit from further treatment can be assessed using maintrac.



A subsequent increase in tumour cells after the end of therapy was succeeded by disease recurrence.



while changes are carrently seen as being positive.

After completion of therapy, an increase in the number of circulating tumour cells may indicate that it may be useful to consider resumption of therapy.

### Your competent partner in Oncology and Hemostaseology.





# simfo

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Est. 2005, maintrac is performed by the DIN EN ISO 15189 accredited specialized medical laboratory Dr. Pachmann.